



**Shannon Purtell-Lattimore, MA, LPC, LPC-S**  
Licensed Professional Counselor

## **DISCLOSURE STATEMENT FOR SHANNON PURTELL, LPC**

Welcome to Counseling. I look forward to working with you. The following information will provide insight into my therapeutic background and our professional relationship.

### **QUALIFICATIONS**

I hold a master's degree in Counseling from [Amberton University in Dallas, TX](#). I have been in private practice as a full time therapist since 2000. I am a certified anger resolution therapist, a certified rational hypnotherapist, and certified in CISD. I work with individuals, couples, families, and groups. I was the facilitator for The Road to Recovery Intensive Outpatient Treatment Program for 5 years from 2000-2005. I am the owner and program director for CALM: Counseling for Anger and Lifeskills Management, a 12 week anger management program for adults and adolescents.

### **THERAPEUTIC PHILOSOPHY**

While I usually prefer a cognitive-behavioral approach to therapy, I customize the treatment plan to the needs of each client. I offer counseling for many issues especially anxiety, depression, PTSD, anger, addiction, relationship issues, stress management, and mood disorders. If at any time during your counseling experience you feel that this is not a good fit for you, please let me know, and I will provide you referrals to several other therapists who might better suit your needs.

### **POLICY**

Our relationship is a therapeutic one and will occur only during the time of our sessions. This will be a professional relationship and needs to remain so in order for my work to remain objective.

Anything which transpires in our sessions is held in the highest of confidence, with the following exceptions: (a) you direct me to communicate information through a release of information form; (b) you communicate information which indicates you are a danger to yourself; (c) you communicate information which indicates you are a danger to others; (d) any child abuse; or (e)

any abuse of the elderly (f) it is mandated by a court order signed by a judge. As a client, you always have the right to terminate our therapeutic sessions. If at any time you become dissatisfied with my services, please let me know. I will provide you referrals to other professionals if you wish to continue with treatment. If together we are unable to resolve your concerns, you may report any complaints to the Texas State Board of Professional Counselors in Austin, Texas.

## **PAYMENT**

My services are rendered in a professional manner consistent with accepted ethical standards. Sessions are 45-50 minutes in length. I agree to provide counseling services for you in return for a fee of \$125 per session. Cash, personal check, or credit cards are acceptable methods of payment. A receipt for all fees paid will be provided upon request. In the event that you are unable to keep an appointment, I must be notified 24 hours in advance. If advance notice of cancellation is not received, you will be responsible for payment of the missed appointment.

## **INSURANCE**

Some health providers reimburse clients for my counseling services and some do not. You should contact your insurance company to determine whether you will be reimbursed and what schedule of reimbursement is to be used. If you wish to use your health insurance, I will bill the company for you, however your co-pay must be paid with each session. If your policy has a deductible the full rate of \$125.00 will be collected until your deductible has been met. If for any reason your insurance fails to pay a claim, you are fully financially responsible for all unpaid sessions. Health insurance companies often require a diagnosis for your “mental condition” before they agree to reimburse you. In the event that a diagnosis is required, I will inform you of the diagnosis I plan to render. Any diagnosis made becomes a permanent part of your insurance record. If you have any questions, please ask.

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Client Signature

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Shannon Purtell-Lattimore

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Date

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Date