

## Couples Initial Intake Form

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Partner: \_\_\_\_\_

Relationship Status: (check all that apply)

- Married       Dating       Separated  
 Living apart       Divorced       Living together

Length of time in current relationship: \_\_\_\_\_

As you think about the primary reason that brings you here, how would you rate its frequency and your overall level of concern at this point in time?

### Concern

- No concern  
 Little concern  
 Moderate concern  
 Serious concern  
 Very serious concern

### Frequency

- No occurrence  
 Occurs rarely  
 Occurs sometimes  
 Occurs frequently  
 Occurs nearly always

What do you hope to accomplish through counseling?

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What have you already done to deal with the difficulties?

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By whom: \_\_\_\_\_ Length of treatment:

\_\_\_\_\_

Problems treated:

\_\_\_\_\_

\_\_\_\_\_

What was the outcome (check one)?

Very successful  Somewhat successful  Stayed the same  Somewhat worse   
Much worse

Have either you or your partner been in individual counseling before?  Yes  No

If so, give a brief summary of concerns that you addressed.

\_\_\_\_\_

\_\_\_\_\_

Do either you or your partner drink alcohol to intoxication or take drugs to intoxication?

If yes for either, who, how often and what drugs or alcohol?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Have either you or your partner struck, physically restrained, used violence against or injured the other person?

If yes for either, who, how often and what happened.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



(1 being the most problematic):

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Lastly, please draw a graph indicating your level of relationship satisfaction beginning with when you met your partner. Note pivotal/significant events in your relationship (e.g., one of you moved out, one of you cheated).

Complete satisfaction



No satisfaction

beginning

now

Thank you for completing this. Please bring this with you during your first appointment. Please note that you will be asked to talk about your answers in sessions but your partner will not be shown this form.